



# CLINICAL AESTHETICS: HA DERMAL FILLERS

This is an introductory course for injection of hyaluronic acid (HA) dermal fillers. We review utilization of the Juvéderm and Restylane portfolios of products. We provide a comprehensive review of anatomy and physiology, indications and contraindications for treatment, as well as guidelines for safe, evidence-based practice. This course includes both live, on Zoom didactic and live, in-person hands-on instruction. The online session will feature ultra-HD injection demonstration videos by LexRx Nurse Practitioners. Clinicians will have access to our recommended resources for compliance, legal, and logistics, including connections to Boston-area medical directors. Hands-on training, mentored by experienced Nurse Practitioners, will take place at Boston College's Chestnut Hill campus.

## **This course includes:**

- A review of all FDA approved brands, i.e. the Restylane and Juvéderm portfolios of HA dermal fillers
- Comprehensive review of anatomy and physiology, indications and contraindications for treatment, as well as guidelines for safe, evidence-based practice
- Discussion and demonstration of safe dosing and injection techniques for treatment of the mid-lower face

## **Who is eligible to participate?:**

- APRNs
- RNs
- BSN students who have clinical experience
- PAs
- MDs
- DOs
- DDSs
- DMDs

## **At the conclusion of this program, participants will be able to:**

- Identify essential characteristics of HA dermal fillers
- Identify essential facial anatomical layers / structures as they relate to the treatment
- Describe the safe steps for using HA dermal fillers, including ordering, storage, dosing, product selection, and contraindications
- Demonstrate the process for selecting clients and using photo documentation
- Describe the safe steps for prepping for injections, including consent prepping the skin, mapping, and injection approach
- Describe post-treatment client instructions, adverse reactions and complications, need for follow-up appointments
- Identify essential logistics for safe practice, including scope of practice, malpractice insurance, medical directorship, and documentation (EMRs)
- Demonstrate a safe, quality facial cosmetic injection process

To receive a Certificate of Completion you must complete one Zoom lecture day as well as the hands-on training day and demonstrate understanding of the content as well as safe product selection and injection techniques.